



Course Schedule

Lesson	Title	Approximate Time
	Pre-learning Survey and Assessment	30
1	Changes, Puberty, Adolescence	45
2	What I Need to Know to Survive These Years	45
3	Does the Media Influence my Sexual Decision Making?	45
4	Healthy Relationships	45
5	Where Could Relationships Go?	45
6	Sexual Wellness and the Law	45
7	Sexually Harassed	45
8	STIs/HIV	45
9	STIs/HIV – cont.	45
10	Birth...A Gift...A Miracle	45
11	Care and Needs of an Infant	45
12	The Simulation Experience	45
13	Simulation Review and Handling Stress/Preventing SBS	45
14	An Abstinent Lifestyle Rocks!	45
15	Communicating and Saying No While Still Having Fun and Keeping Friends	45
16	Questions, Summary and Assessment	45